Meeting Needs – Innovative Tools for Mental Health Care

Digital Hackathon in Germany in October 2021

Presented by **IT4Anxiety**, the **Ev. Klinikum Bethel** and **Bielefeld University**

WE ARE LOOKING FOR YOU!

Do you have a startup that already develops/developed a product or do you have a product idea in the area of digital technologies for people with mental illnesses, especially anxiety?

Are you interested in a further development of your product/product idea?

Would you like to get feedback on your tool from professionals and affected people in order to adapt your tool even better to their needs?

Would you like to use evidence-based practices to improve your tools?

Would you like to expand your network and establish international contacts with potential users and organizations in the field of mental health?

We look forward to your commitment.

WHY...

People with anxiety suffer from their symptoms and restrictions in day-to-day life

Mental illnesses are often not recognized and difficult to understand.

Many stereotypes prevail and people with mental illnesses are stigmatized.

Technical innovations offer exciting perspectives for mental health care.

Only digital technologies tailored to the needs of affected individuals can effectively help.

WHAT...

This Hackathon focuses on the creation and implementation of innovative solutions, using digital technology, designed to reduce anxiety.

This Hackathon reaches out to connect people involved. Developing effective solutions is not possible without a participatory collaboration between people affected by mental disorders and developers.

We are interested in adapting and expanding existing innovative tools or ideas even further.
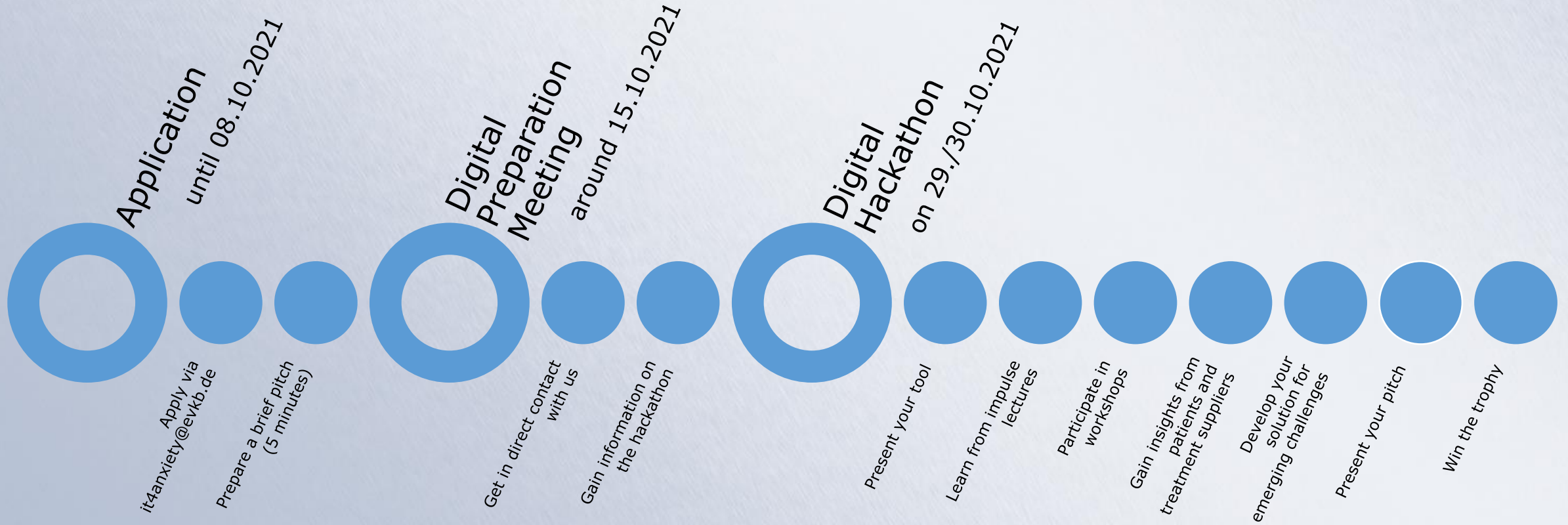
WHAT...

The Hackathon includes:

Present your product/product idea: Presenting your tool or idea to an international community of researchers, practitioners, other developers, and investors.

Learn from users and improve your tool/idea: In workshops that refer to evidence-based common factors of psychotherapy, you are given the opportunity to engage with patients, family members, researchers, and treatment providers to tailor your solutions and products to the needs of users.

Win the trophy: The most innovative product ideas and the best ideas for adapting the tools will be awarded prizes. In addition to prize money (1.500€ to use for workshops for the first two places), the winner (first place) of the hackathon will be given the opportunity to pilot the winning tool in patient populations (initial feasibility trial).

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HOW...

Application
until 08.10.2021

Apply via
it4anxiety@evkb.de

Prepare a brief pitch
(5 minutes)

Digital Preparation Meeting
around 15.10.2021

Get in direct contact
with us

Gain information on
the hackathon

Digital Hackathon
on 29./30.10.2021

Present your tool

Learn from impulse
lectures

Participate in
workshops

Gain insights from
patients and
treatment suppliers

Develop your
solution for
emerging challenges

Present your pitch

Win the trophy

WIN THE TROPHY…

The **Winners of the Meeting Needs Hackathon** will be chosen by a jury consisting of experts in IT, psychiatry and clinical psychology as well as people affected by mental disorders:

Prof. Dr. Martin Driessen (Head of the Department of Psychiatry and Psychotherapy, EvKB in Bielefeld)

Prof. Dr. Frank Neuner (Professor for Clinical Psychology and Psychotherapy at Bielefeld University)

Dr. Bassam Mokbel (Chief Data Scientist at Semalytix)

Dr. Karla Muñoz Esquivel (Research Associate in Anxiety Technologies at Ulster University)

Affected representatives

Winning criteria are…

Innovativeness of the idea/product

Development or development potential through the participatory process

WHO WE ARE...

This hackathon is created within the project **IT4Anxiety**, a collaboration between mental health professionals, users and start-ups, but also universities, research centres and public authorities aiming to develop and improve mental health via innovative technologies

→ Check out IT4Anxiety's [homepage](#)

The hackathon is presented by the **Klinik für Psychiatrie und Psychotherapie of Ev. Klinikum Bethel,** a care supplier for patients with various mental disorders, such as trauma- and stress-related disorders, depression, anxiety disorders and substance use disorders,

And the **Department of Clinical Psychology and Psychotherapy of Bielefeld University,** with an expertise in developing and evaluating treatment approaches and interventions for mental disorders.

SEE YOU SOON!

On October 29th and 30th online!

The registration form can be found on https://evkb.de/it4anxiety-hackathon

All we need is a short description of you und your product/ product idea.

Apply via the registration form to participate in the hackathon and we will get back to you!

For more information contact us!

Being empathetic is seeing the world through the eyes of the other, not seeing your world reflected in their eyes.

- Carl R. Rogers -